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MAPPING YOUR RETIREMENT

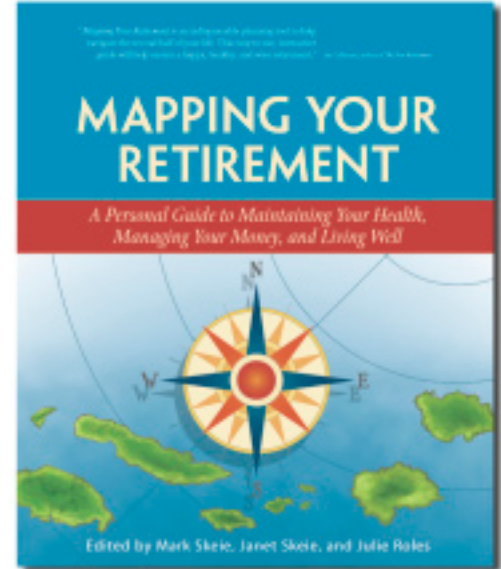
*A Personal Guide to Maintaining Your Health,
Managing Your Money, and Living Well*

Edited by Mark Skeie, Janet Skeie, and Julie Roles

Grounded in reality and focused on the possibilities, *Mapping Your Retirement* is your personal guide to a happy, healthy, and productive life. The editors have compiled research-based information and inspiring wisdom from the field's leading experts and visionaries into an easy-to-use workbook. From finances to health, to relationships and spirituality, explore the territory ahead with confidence. Create your own map to an engaged and fulfilling retirement.

Topics include:

- Identifying your priorities
- Finding purpose in day-to-day living
- Making healthy choices about diet, exercise, and mental fitness
- Making your money last a lifetime
- Creating your legacy



“Mapping Your Retirement is an indispensable planning tool to help navigate the second half of your life. This easy-to-use, interactive guide will help ensure a happy, healthy, and wise retirement.”

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